# SOUTH REGION BEHAVIORAL HEALTH SERVICES FOR CHILDREN AND YOUTH





The County of San Diego's Behavioral Health Services (BHS) offers a multitude of programming to support children and youth who would benefit from mental health or substance use treatment. The programs are predominantly focused on serving youth up to age 21 who are Medi-Cal members or have no medical insurance.

This **South Region School Directory** highlights BHS services in the region, including school-based support.



Scan the QR code below to access the current Regional School Directories

#### https://bit.ly/cyf\_directories





### REGIONAL SERVICES DIRECTORY SOUTH REGION BEHAVIORAL HEALTH SERVICES





### FOR CHILDREN AND YOUTH

### Behavioral Health Services (BHS) South Region

District 1 Supervisor: Paloma Aquirre

In addition to contacting the programs directly, the following resources are available to assist with access to care or to obtain information:

Access & Crisis Line: (888) 724-7240 [TDD: (619) 641-6992] offers information about behavioral health resources, including support for a mental health and substance use crisis

9-8-8 Suicide & Crisis Lifeline: Dial "9-8-8"

County of San Diego Behavioral Health Services:

Behavioral Health Services (sandiegocounty.gov)

County of San Diego Behavioral Health Provider Directory:

Provider Directory (sdcountybhs.com)

Behavioral Health Service Directories for Children, Youth, and Families inclusive of all Regional School Directories:

Service Directories

**2-1-1 San Diego** (List of services and referrals for health and social service programs): Dial "2-1-1"

General school related information can be found at:

School-based Services/SchooLink

#### **County BHS Primary Contacts in the South Region**

Emily Gaines, Behavioral Health Program Coordinator

Emily.Gaines@sdcounty.ca.gov or (619) 806-5320

Yael Koenig, Deputy Director

Yael.Koenig@sdcounty.ca.gov or (619) 563-2773

#### **Crisis & Acute Services**

The following Crisis & Acute Care services are available Countywide for children and youth who are experiencing a psychiatric crisis and may be a danger to self or other, or are gravely disabled.

Service	Agency	Program Name	Address & Phone Number
Inpatient	Aurora Behavioral Health Care San Diego	Aurora Behavioral Health Care/Inpatient	11878 Ave of Industry San Diego, CA 92128 (858) 487-3200
Inpatient	Rady Children's Hospital of San Diego	Acute Psychiatric Inpatient Services for Children and Adolescents (CAPS)	8001 Frost St San Diego, CA 92123 (858) 966-8337
Inpatient	Sharp Mesa Vista Hospital	Sharp Mesa Vista	7850 Vista Hill Ave San Diego, CA 92123 (858) 836-8434
Crisis Stabilization	New Alternatives Inc (NAI)	Children & Youth Crisis Stabilization Unit	4309 Third Ave San Diego, CA 92103 (619) 876-4502
Crisis Response	Exodus Recovery	Mobile Crisis Response Team (MCRT) North Pilot	Access through ACL: (888) 724-7240
Crisis Response	Telecare	Mobile Crisis Response Team (MCRT)	Access through ACL: (888) 724-7240
Psychiatric Emergency Resource	Community Research Foundation (CRF)	Psychiatric Emergency Response Team (PERT)	Through 911
Outpatient Mental Health Treatment	New Alternatives Inc (NAI)	Crisis Action & Connection (CAC)	Community Based: (619) 591-5740
State Hotline Local Mobile Response Placement Stabilization	Mental Health America	Family Urgent Response System (FURS)	4069 30th Street San Diego, CA 92104 (833) 939-3877

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
	Arroyo Vista Charter K-8	Community Research Foundation	Nueva Vista Youth & Family Services	1161 Bay Blvd., Suite B Chula Vista, CA 91911	(619) 585-7686
	Bayfront Charter	Community Research Foundation	Nueva Vista Youth & Family Services	1161 Bay Blvd., Suite B Chula Vista, CA 91911	(619) 585-7686
	Bayllolit Oliation	San Diego Youth Services	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608
			School-Based Outpatient	430 F Street	(- (-)
	Castle Park Elementary	SBCS Corporation	School Based Incredible Years (IY) - South	Chula Vista, CA 91910	(619) 420-3620
5	Feaster Charter Elementary	Community Research Foundation	Nueva Vista Youth & Family Services	1161 Bay Blvd., Suite B Chula Vista, CA 91911	(619) 585-7686
nentar	Peasier Charter Elementary	San Diego Youth Services	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608
Chula Vista Elementary	Finney Elementary	SBCS Corporation	School Based Incredible Years (IY) - South	430 F Street Chula Vista, CA 91910	(619) 420-3620
la Vist	Harborside Elementary			430 F Street Chula Vista, CA 91910	
Chul	Juarez-Lincoln Elementary				
	Lauderbach Elementary				
	Loma Verde Elementary	SBCS Corporation	School-Based Outpatient		(619) 420-3620
	Los Altos Elementary				
	Mi Escuelita				
	Montgomery Elementary				
	Mueller Charter	Community Research Foundation	Nueva Vista Youth & Family Services	1161 Bay Blvd., Suite B Chula Vista, CA 91911	(619) 585-7686

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
	Mueller Charter	San Diego Youth Services	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608
y ar.	Otay Elementary		School Based Incredible Years (IY) - South	<u> </u>	
Chula Vista Elementary	Rice Elementary		School-Based Outpatient		
ta Ele	Rogers Elementary	00000		430 F Street	(0.40), 400, 0000
a Vis	Rohr Elementary	SBCS Corporation	School Based Incredible Years	Chula Vista, CA 91910	(619) 420-3620
Chul	Rosebank		(IY) - South		
	Silver Wing		School-Based Outpatient		
	Vista Square Elementary				
	Central Elementary			1161 Bay Blvd., Suite B Chula Vista, CA 91911	
	El Toyon Elementary				
National School District	Ira Harbison Elementary				
lool [	John Otis Elementary	Community Research	Nueva Vista Youth &		(619) 585-7686
al Sch	Kimball Elementary	Foundation	Family Services		
Vation	Las Palmas Elementary				
_	Lincoln Acres Elementary				
	Olivewood Elementary				

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
National School District	Palmer Way Elementary	Community Research	Nueva Vista Youth &	1161 Bay Blvd., Suite B	(619) 585-7686
onal Scl District	Rancho De La Nacion Elementary	Foundation	Family Services	Chula Vista, CA 91911	,
Natio	Las Palmas Elementary	SBCS Corporation	School Based Incredible Years (IY) - South	430 F Street Chula Vista, CA 91910	(619) 420-3620
San Diego Unified	Altus South Bay	Community Research Foundation	Mobile Adolescent Services Team (MAST)	1260 Morena Blvd., Ste. 200 San Diego, CA 92110	(619) 398-3261 ext. 108
	La Mirada Elementary	San Ysidro Children's Outpatient Clinic			
		Screening to Care			
	Ocean View Elementary		San Ysidro Children's Outpatient Clinic		
			Screening to Care		
	San Ysidro Middle	San Ysidro Children's Outpatient Clinic			
idro			Screening to Care	430 F Street	
San Ysidro		SBCS Corporation	San Ysidro Children's Outpatient Clinic	Chula Vista, CA 91910	(619) 420-3620
U)	Smythe Elementary		Screening to Care		
			School Based Incredible Years (IY) - South		
			San Ysidro Children's Outpatient Clinic		
	Sunset Elementary		Screening to Care		

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
	Vista Del Mar Middle	SBCS Corporation	San Ysidro Children's Outpatient Clinic Screening to Care	430 F Street Chula Vista, CA 91910	(619) 420-3620
sidro		San Diego Youth Services	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608
San Ysidro			San Ysidro Children's Outpatient Clinic	430 F Street	
	Willow Elementary	SBCS Corporation	School Based Incredible Years (IY) - South	Chula Vista, CA 91910	(619) 420-3620
			Screening to Care		
SDCOE	Second Chance Blended Community	Community Research	Mobile Adolescent	1260 Morena Blvd., Ste. 200	(619) 398-3261
SDC	South County Blended Community	Foundation	Services Team (MAST)	San Diego, CA 92110	ext. 108
	Bayside Elementary			430 F Street Chula Vista, CA 91910	(619) 420-3620
	Berry Elementary				
_	Central Elementary				
Unio	Emory Elementary	SBCS Corporation	School-Based Outpatient		
South Bay Union	George Nicoloff Elementary	0200 00.po.a	3000 3000 0 mp		
Souti	Howard Pence Elementary				
	Imperial Beach Elementary				
	Nestor Language Academy			00-1-11	
	Charter	San Diego Youth Services	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
ay S	Oneonta Elementary				
South Bay Union	Sunnyslope Elementary	SBCS Corporation	School-Based Outpatient	430 F Street Chula Vista, CA 91910	(619) 420-3620
Sou	Teofilo Mendoza Elementary			, , , , , , , ,	
	Bonita Vista High	Sweetwater Unified School District	Mental Health Resource Center	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372
	Bornica Vista i ligir	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Bonita Vista Middle				
	Castle Park High	Sweetwater Unified School District	Mental Health Resource Center	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372
Sweetwater Union High	Castle Park Middle	San Diego County Superintendent of Schools	Club Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
er Uni	Chula Vista High	Sweetwater Unified School District	Mental Health Resource Center	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372
etwat	Cridia Vista High	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
Swe	Chula Vista Middle				
	Eastlake High	Sweetwater Unified School	Mental Health Resource Center	1051 Picador Blvd.	(040) 000 0070
	Eastlake Middle	District	iviental Health Resource Center	San Diego, CA 92154	(619) 662-8372
	Granger Junior High	00		04041: 1.75 1.75	
	ů ů	San Diego County Superintendent of Schools	Club Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
	Hilltop High	Sweetwater Unified School District	Mental Health Resource Center	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372
	Time Priigi	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Hilltop Middle	Sweetwater Unified School District	Mental Health Resource Center	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372
	i iiitop iviiddie	San Diego County Superintendent of Schools	Club Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Launch Virtual Academy	Sweetwater Unified School District	Mental Health Resource Center	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372
	Laurich Virtual Academy	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
ו High	Mar Vista Academy (Community Resource Center)		Mental Health Resource Center	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372
Sweetwater Union High	Mar Vista High	Sweetwater Unified School District			
water	Montgomery High				
Sweet		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
	Montgomery Middle (Community Resource Center)	Sweetwater Unified School District	Mental Health Resource Center	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372
	National City Middle			1051 Picador Blvd. San Diego, CA 92154	
	Olympian High	Sweetwater Unified School District	Mental Health Resource Center		(619) 662-8372
	Options Secondary				
	Options Secondary	San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100

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District	School Name	Provider	Program Name	Provider Address	Provider Phone
	Otay Ranch High				
	Palomar High	Sweetwater Unified School		1051 Picador Blvd.	
	Rancho Del Rey Middle	District	Mental Health Resource Center	San Diego, CA 92154	(619) 662-8372
High					
Sweetwater Union		San Diego County Superintendent of Schools	Friday Night Live	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
etwate	Southwest High	McAlister Institute	South Region Teen Recovery Center	371 E Street Chula Vista, CA 91910	(619) 691-1045
Swee	Southwest High	Sweetwater Unified School District	Mental Health Resource Center	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372
	Southwest Middle	Sweetwater Unified School District	Mental Health Resource Center	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372
	Cooperate alliest	McAlister Institute	South Region Teen Recovery Center	371 E Street Chula Vista, CA 91910	(619) 691-1045
	Sweetwater High	Sweetwater Unified School District	Mental Health Resource Center	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372

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### SOUTH REGION BEHAVIORAL HEALTH SERVICES OUTPATIENT CLINIC SITES





### **Outpatient Clinical Services**

The following outpatient clinics are located in the South Region. Many of these program can be accessed at a Clinic site as well as at designated school campuses. Children and youth are not limited to accessing services in their region, and can contact the Access and Crisis Line (ACL) by calling (888) 724-7240 or refer to the Service Directories for a listing of programs in other regions.

Agency	Program Name	Service	Address	Phone Number
Community Research Foundation (CRF)	Nueva Vista Youth & Family Services School Based Services	Outpatient Mental Health Treatment Substance Use Disorder (SUD) Counselor	1161 Bay Blvd., Suite B Chula Vista, CA 91911	(619) 585-7686
SBCS Corporation	South Region School Based Services	Outpatient Mental Health Treatment	430 F Street Chula Vista, CA 91910	(619) 420-3620
Sweetwater Union High School District (SUHSD)	Mental Health Resource Center School Based Services	Outpatient Mental Health Treatment	1051 Picador Blvd. San Diego, CA 92154	(619) 662-8372
McAlister Institute for Treatment and Education (MITE)	Teen Recovery Center (TRC) - South School Based Services	Outpatient Substance Use Treatment	371 E. St. Chula Vista, CA 91910	(619) 691-1045

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### **Outpatient - Specialty Programs**

The County offers an array of services which can be accessed through the Access and Crisis Line (ACL) by calling (888) 724-7240 or by referring to the <u>Service</u> <u>Directories</u>. The following are some of the specialty programs that serve children and youth and are available Countywide:

Service	Special Population	Agency	Program Name	Address	Phone Number
Behavioral Coaching	Ancillary Service	New Alternatives Inc. (NAI)	Therapeutic Behavioral Services (TBS)	8755 Aero Drive, Suite 230 San Diego, CA 92123	(858) 256-2180
Case Management and Family Partners	Southeast San Diego	Harmonium	Southeast Family Youth Partner Svc	5275 Market Street, Suite E San Diego, CA 92114	(619) 541-0426
Outpatient Mental Health Treatment	API/Middle Eastern including Chaldean/Latino	Union of Pan Asian Communities (UPAC)	Multicultural Community Counseling	8745 Aero Drive, Suite 330 San Diego, CA 92123	(619) 578-2211
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Episcopal Community Services (ECS)	Para Las Familias	1424 30th Street, Suite A San Diego, CA 92154	(619) 565-2650
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Rady Children's Hospital of San Diego (Rady)	KidSTART	3665 Kearny Villa Road, Suite 500 San Diego, CA 92123 2204 El Camino Real, Suite 102 Oceanside, CA 92054	(858) 576-1700 (760) 967-7082 (619) 420-5611
				333 H Street, Suite 3010 Chula Vista, CA 91910	(610) 120 0011
Outpatient Mental Health Treatment	Adolescent & TAY	San Diego Center for Children (SDCC)	Intensive Outpatient Program (IOP)	3002 Armstrong Street San Diego, CA 92111	(858) 634-8367
Outpatient Mental Health Treatment	Early Childhood (0-5 years)	Vista Hill Foundation (VHF)	ChildNET Incredible Years North Coastal & North Inland	425 W 5th Avenue Escondido, CA 92025	(760) 258-4780
Outpatient Mental Health Treatment	Foster Youth	New Alternatives Inc. (NAI)	Comprehensive Assessment & Stabilization Services (CASS)	3517 Camino del Rio South Suite 407 San Diego, CA 92108	(619) 955-8905

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Service	Special Population	Agency	Program Name	Address	Phone Number
Outpatient Mental Health Treatment	Foster Youth	New Alternatives Inc. (NAI)	Incredible Families	8755 Aero Drive Ste 230 San Diego, CA 92123 730 Medical Center Ct. Chula Vista, CA 91911 1020 S. Santa Fe Ave. Suite D-1 Vista, CA 92064	(619) 207-0396
Outpatient Mental Health Treatment	Homeless and Runaway Youth age 12 up to 21	North County Lifeline Inc. (NCL)	Connections Community Counseling	3890 Murphy Canyon Rd. Ste. 250 San Diego, CA 92123  200 Michigan Avenue Vista CA 92084  707 Oceanside Blvd. Oceanside, CA 92054  334 Via Vera Cruz, Ste. 152 San Marcos, CA 92078  8324 Allison Ave. La Mesa, CA 91942	(760) 842-6202
Outpatient Mental Health Treatment	Medication Clinic	Vista Hill Foundation (VHF)	Center for Child and Youth Psychiatry (CCYP)	8910 Clairemont Mesa Blvd. San Diego, CA 92123	(858) 571-1964

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### **Outpatient - Specialty Programs**

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Service	Special Population	Agency	Program Name	Address	Phone Number
Outpatient Mental Health Treatment	Sexually Reactive Youth	Mental Health Systems Inc. (MHS)	STEPS	4660 Viewridge Avenue, Suite 100 San Diego, CA 92123  311 E Washington Ave. Suite 103 & 104 Escondido, CA 92025  637 Third Ave., Suite F Chula Vista, CA 91910	(858) 565-2510
Outpatient Mental Health Treatment	LGBTQ+	San Diego Youth Services (SDYS)	Our Safe Place	3427 4th Avenue, 2nd Floor San Diego, CA 92103	(619) 525-9903
Drop-In Centers	LGBTQ+	San Diego Youth Services (SDYS)	Our Safe Place	2220 Broadway San Diego, CA 92102  746 Ada Street Chula Vista, CA 91911  3845 Spring Dr., Rm 13 Spring Valley, CA 91977  150 La Terraza Blvd. Escondido, CA 92025  215 Barnes Street Oceanside, CA 92054	(619) 972-8983 (619) 628-2444 (619) 525-9903 (760) 908-9373 (760) 908-9647
Outpatient Mental Health Treatment Drop-In Center	CSEC	San Diego Youth Services (SDYS)	I CARE (CSEC)	Central San Diego	(619) 521-2250

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### **Outpatient - Specialty Programs**

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Service	Special Population	Agency	Program Name	Address	Phone Number
Outpatient Mental Health Treatment Therapeutic Foster Care	Youth in Foster Family Agencies	San Diego Center for Children (SDCC)	Foster Family Agency Stabilization and Treatment (FFAST)	<ul> <li>2655 Camino del Rio N, Suite 450 San Diego, CA 92108</li> <li>145 Vallecitos de Oro, Suite 210 San Marcos, CA 92069</li> <li>17701 San Pasqual Valley Rd. Escondido, CA 92025</li> </ul>	(858) 633-4115
Outpatient Mental Health Treatment	Children & adolescents up to age 21	San Diego Center for Children (SDCC)	Partial Hospitalization Program (PHP)	3002 Armstrong Street San Diego, CA 92111	(858) 634-8367
Wraparound	Foster Youth & Probation	Fred Finch Youth Center (FFYC)	Fred Finch Wrap Connections	8787 Complex Drive, Suite 300 San Diego, CA 92123  504 W. Mission Avenue, Ste. 106 Escondido, CA 92023  3845 Spring Drive Springe Valley, CA 91977  637 3rd Avenue, Suite I Chula Vista, CA 91910	(619) 797-1090 (619) 281-3706 (619) 797-1090 (619) 873-4075

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#### **Outpatient - Specialty Programs**

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Service	Special Population	Agency	Program Name	Address	Phone Number
Youth Empowerment	Adolescent & TAY	San Diego County Superintendent of Schools	Friday Night Live (High School) Club Live (Middle School)	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2100
School-based Suicide Prevention	Adolescent & TAY	San Diego Youth Services (SDYS)	HERE Now	3255 Wing Street San Diego, CA 92110	(619) 241-0608
Substance Use Prevention	Adolescent & TAY	San Diego County Superintendent of Schools	Life Skills (Project Alert)	6401 Linda Vista Road San Diego, CA 92111	(858) 298-2092
Wraparound	Foster Youth & Probation	San Diego Center for Children (SDCC)	Wrapworks	3002 Armstrong Street San Diego, CA 92111  235 W. 5th Ave., Ste 130 Escondido, CA 92025  3322 Sweetwater Spring Blvd. Ste. 104 & 106 Spring Valley, CA 91977	(858) 277-9550



The County Behavioral Health Services Department is interested in your input on how the directory can be improved.

Are there any features and elements that would make it easier to use?

Please provide input to Janette.Magsanoc@sdcounty.ca.gov

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